



# HEALTH SERVICES

Attached is the medical release form that is required for every participant and must be signed by his or her parent/guardian. These will be kept on file on campus so that, in the event special services are required, all necessary information will be on hand. Please bring your team's completed forms with you to registration. Forms are required and participants will not be allowed to register without the completed release form.

## **THIELEN STUDENT HEALTH CENTER**

The Thielen Student Health Center is located on the corner of Union Drive and Sheldon (west edge of campus, directly west of Beyer Hall, across the street from State Gym.) Phone number: 515-294-7973. First aid and minor illness care is included in your fees. If the incident requires further diagnostic work, associated fees will be billed to the participant or their insurance company. Limited prescription medications are available.

Hours: Tuesday through Friday 8:00 a.m.—6:00 p.m.  
Saturday 8:00 a.m.—5:00 p.m.

## **FIRST NURSE PHONE LINE**

First Nurse is a free health-information, community service that allows you to speak with a specially trained registered nurse and receive health information and expert advice on medical problems. Their services can help you determine whether or not to see a physician or visit an emergency room.

The First Nurse phone line is staffed by nurses with backgrounds in a variety of medical specialties, including general medicine, surgery, obstetrics, psychiatry, and home health. Their staff is available 24 hours a day, 7 days a week, and can be reached by phone at (515) 239-6877 or toll-free at (800) 524-6877.

## **McFARLAND URGENT CARE CLINIC**

The McFarland Urgent Care Clinic provides care for acute, non-emergent health problems or injuries that require immediate attention. The Urgent Care Clinic is available during evenings and weekends by appointment only. You do not have to be an established McFarland Clinic patient to be served in the Urgent Care Clinic.

To schedule your same-day appointment at the McFarland Urgent Care Clinic, please call (515) 956-4044. The Urgent Care Clinic is located in the Family Medicine East location at 1018 Duff Avenue.

Hours: Tuesday through Friday 5:00 p.m.— 9:00 p.m.  
Saturday and Sunday 10:00 a.m.— 10:00 p.m.

## **EMERGENCY CARE**

Medical care also is available through the emergency room of Mary Greeley Medical Center, located at 12th Street and Duff Avenue. The fees and billing structure are typical of an emergency community medical facility.